

	Portion Size	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat <sup>1</sup> (g)
Wed - 03/01/2023															
Child Care Lunch	Total														
*Chicken, Popcorn	1 Each	230	20	350	3.00	2.00	33.0	0	0.0	1	14.0	14.0	13.0	2.50	0.00
*Milk, 1%*	8 oz	120	10	150	0.00	0.00	350.0	500	2.4	14	10.0	14.0	2.5	1.50	0.00
*Salad, garden (side)*	1 ea	69	4	171	1.49	0.83	46.0	1725	3.23	*2	1.42	6.57	4.28	0.85	0.00
*Dressing, Ranch POK*	1 ounce	56	4	132	0.10	0.08	23.9	47	0.33	2	0.75	4.08	4.06	0.65	0.00
*Banana*	.5 Each	45	0	1	1.31	0.13	2.5	32	4.39	6	0.55	11.53	0.17	0.06	0.00
Weighted Daily Average		519	38	803	5.90	3.05	455.4	2304	10.35	*25	26.72	50.18	24.00	5.56	0.00
% of Calories										*19.2%	20.6%	38.7%	41.6%	9.6%	0.0%
Nutrient Guideline		558				3.30	267.00	790	14.60		7.30		<=30.0	<10.00	

	Portion Size	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat <sup>1</sup> (g)
Thu - 03/02/2023															
Child Care Lunch	Total														
*Burrito, Bean & Ch.(Ele)*	Burrito	340	5	569	8.99	3.60	199.8	0	0.0	1	13.99	53.95	7.99	3.50	0.00
GRAPES,Fresh	.5 CUP	31	0	1	0.41	0.13	6.4	46	1.84	7	0.29	7.89	0.16	0.05	0.00
*Milk, 1%*	8 oz	120	10	150	0.00	0.00	350.0	500	2.4	14	10.0	14.0	2.5	1.50	0.00
*Dressing, Ranch POK*	1 ounce	56	4	132	0.10	0.08	23.9	47	0.33	2	0.75	4.08	4.06	0.65	0.00
*Carrots, Raw*	servings	37	0	63	2.54	0.27	29.9	15155	5.35	4	0.84	8.69	0.22	0.03	0.00
Weighted Daily Average		583	19	915	12.05	4.09	610.1	15748	9.92	28	25.87	88.61	14.93	5.73	0.00
% of Calories										19.5%	17.7%	60.8%	23.0%	8.8%	0.0%
Nutrient Guideline		558				3.30	267.00	790	14.60		7.30		<=30.0	<10.00	

	Portion Size	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat <sup>1</sup> (g)
Fri - 03/03/2023															
Child Care Lunch	Total														
*Pizza, Cheese ES	.5 Each	155	15	255	2.00	0.90	200.0	375	1.8	2	8.5	16.5	6.5	3.50	0.00
*Tangerines, Fresh*	1 Each	52	0	2	1.76	0.15	36.1	664	26.03	10	0.79	13.01	0.3	0.03	0.00
*Salad, garden (side)*	1 ea	69	4	171	1.49	0.83	46.0	1725	3.23	*2	1.42	6.57	4.28	0.85	0.00
*Dressing, Ranch POK*	1 ounce	56	4	132	0.10	0.08	23.9	47	0.33	2	0.75	4.08	4.06	0.65	0.00
*Milk, 1%*	8 oz	120	10	150	0.00	0.00	350.0	500	2.4	14	10.0	14.0	2.5	1.50	0.00
Weighted Daily Average		451	33	710	5.34	1.96	655.9	3310	33.79	*30	21.46	54.16	17.64	6.53	0.00
% of Calories										*26.6%	19.0%	48.0%	35.2%	13.0%	0.0%
Nutrient Guideline		558				3.30	267.00	790	14.60		7.30		<=30.0	<10.00	

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	Portion Size	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calc (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat <sup>1</sup> (g)
Mon - 03/06/2023															
Child Care Lunch	Total														
*Taco Nada*	1 Each	310	30	410	5.00	3.60	80.0	200	1.2	1	18.0	40.0	10.0	2.50	0.00
*Fruit, Frozen Bar Orange*	1 Each	50	0	10	0.00	0.00	0.0	0	0.0	11	0.0	12.0	0.0	0.00	0.00
*Milk, 1%*	8 oz	120	10	150	0.00	0.00	350.0	500	2.4	14	10.0	14.0	2.5	1.50	0.00
*Salad, garden (side)*	1 ea	69	4	171	1.49	0.83	46.0	1725	3.23	*2	1.42	6.57	4.28	0.85	0.00
*Dressing, Ranch POK*	1 ounce	56	4	132	0.10	0.08	23.9	47	0.33	2	0.75	4.08	4.06	0.65	0.00
Weighted Daily Average		604	48	873	6.59	4.52	499.9	2471	7.15	*30	30.17	76.65	20.83	5.50	0.00
% of Calories										*19.7%	20.0%	50.7%	31.0%	8.2%	0.0%
Nutrient Guideline		558				3.30	267.00	790	14.60		7.30		<=30.0	<10.00	

Tue - 03/07/2023															
Child Care Lunch	Total														
*Brk Bowl Pancakes Elementary*	Serving	330	70	500	4.00	3.78	100.0	500	0.0	11	16.0	35.0	14.0	3.00	0.00
*Milk, 1%*	8 oz	120	10	150	0.00	0.00	350.0	500	2.4	14	10.0	14.0	2.5	1.50	0.00
*Syrup, Maple*	1.5 oz	120	0	30	0.00	0.00	0.0	0	0.0	21	0.0	30.0	0.0	0.00	0.00
*Applesauce, Unsweetened Cups*	1 each	57	0	2	1.13	0.00	0.0	0	13.5	12	0.0	15.75	0.0	0.00	0.00
*Celery Sticks*	.5 Each	8	0	38	1.00	0.09	20.0	200	1.2	1	0.5	1.5	0.0	0.00	0.00
Weighted Daily Average		635	80	720	6.13	3.87	470.0	1200	17.10	59	26.50	96.25	16.50	4.50	0.00
% of Calories										37.4%	16.7%	60.6%	23.4%	6.4%	0.0%
Nutrient Guideline		558				3.30	267.00	790	14.60		7.30		<=30.0	<10.00	

Wed - 03/08/2023															
Child Care Lunch	Total														
*Enchiladas, Cheese (Ele)*	2 ea	203	31	297	1.87	0.20	308.4	379	0.0	3	11.92	15.94	10.84	7.06	0.00
*Salad, garden (side)*	1 ea	69	4	171	1.49	0.83	46.0	1725	3.23	*2	1.42	6.57	4.28	0.85	0.00
*Milk, 1%*	8 oz	120	10	150	0.00	0.00	350.0	500	2.4	14	10.0	14.0	2.5	1.50	0.00
*Dressing, Ranch POK*	1 ounce	56	4	132	0.10	0.08	23.9	47	0.33	2	0.75	4.08	4.06	0.65	0.00
*Apple Slices*	1 Each	50	0	5	2.00	0.36	60.0	100	36.0	9	0.0	12.0	0.0	0.00	0.00
Weighted Daily Average		497	49	755	5.46	1.47	788.2	2750	41.95	*30	24.09	52.59	21.68	10.06	0.00
% of Calories										*23.8%	19.4%	42.3%	39.2%	18.2%	0.0%
Nutrient Guideline		558				3.30	267.00	790	14.60		7.30		<=30.0	<10.00	

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	Portion Size	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat <sup>1</sup> (g)
Thu - 03/09/2023															
Child Care Lunch	Total														
*Chicken, Nuggets ChildCare*	Serving (3 Ea)	103	13	174	1.29	1.16	0.0	64	0.0	0	9.02	6.44	4.51	0.97	0.00
*Potato, Tater Tots*	1 Each	148	0	356	1.98	0.36	0.0	0	3.56	0	1.98	18.77	6.92	0.99	0.00
*Milk, 1%*	8 oz	120	10	150	0.00	0.00	350.0	500	2.4	14	10.0	14.0	2.5	1.50	0.00
*Banana*	.5 Each	45	0	1	1.31	0.13	2.5	32	4.39	6	0.55	11.53	0.17	0.06	0.00
Weighted Daily Average		416	23	680	4.58	1.65	352.5	597	10.35	20	21.55	50.75	14.09	3.51	0.00
% of Calories										19.4%	20.7%	48.8%	30.5%	7.6%	0.0%
Nutrient Guideline		558				3.30	267.00	790	14.60		7.30		<=30.0	<10.00	

	Portion Size	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat <sup>1</sup> (g)
Fri - 03/10/2023															
Child Care Lunch	Total														
*Pizza,(Ele)*	Servings	220	10	502	2.89	*0.99	*9.9	*93	*1.01	*3	11.22	27.25	7.2	2.67	*0.00
*Tangerines, Fresh*	1 Each	52	0	2	1.76	0.15	36.1	664	26.03	10	0.79	13.01	0.3	0.03	0.00
*Tomato, Grape 1.25 c*	.25 Cup	13	0	4	0.36	0.73	0.0	4	7.27	*N/A*	0.36	2.18	0.36	0.00	0.00
*Milk, 1%*	8 oz	120	10	150	0.00	0.00	350.0	500	2.4	14	10.0	14.0	2.5	1.50	0.00
Weighted Daily Average		405	20	658	5.01	*1.86	*396.0	*1261	*36.72	*27	22.38	56.43	10.36	4.20	*0.00
% of Calories										*26.8%	22.1%	55.8%	23.1%	9.3%	*0.0%
Nutrient Guideline		558				3.30	267.00	790	14.60		7.30		<=30.0	<10.00	

	Portion Size	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat <sup>1</sup> (g)
Mon - 03/13/2023															
Child Care Lunch	Total														
*Chicken, Popcorn	1 Each	230	20	350	3.00	2.00	33.0	0	0.0	1	14.0	14.0	13.0	2.50	0.00
*Potato, Tater Tots*	.5 Each	74	0	178	0.99	0.18	0.0	0	1.78	0	0.99	9.39	3.46	0.49	0.00
*Milk, 1%*	8 oz	120	10	150	0.00	0.00	350.0	500	2.4	14	10.0	14.0	2.5	1.50	0.00
*Peaches, Diced*	1 Each	60	0	5	1.00	0.00	0.0	300	1.2	13	0.0	14.0	0.0	0.00	0.00
Weighted Daily Average		484	30	683	4.99	2.18	383.0	800	5.38	28	24.99	51.39	18.96	4.49	0.00
% of Calories										23.1%	20.6%	42.5%	35.2%	8.4%	0.0%
Nutrient Guideline		558				3.30	267.00	790	14.60		7.30		<=30.0	<10.00	

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	Portion Size	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calc (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat <sup>1</sup> (g)
Tue - 03/14/2023															
Child Care Lunch	Total														
*Sandwich, Chicken(ele)*	Sandwich	390	25	760	4.00	2.88	80.0	0	9.0	3	21.0	44.0	15.0	2.00	0.00
*Carrots, Raw*	servings	37	0	63	2.54	0.27	29.9	15155	5.35	4	0.84	8.69	0.22	0.03	0.00
*Milk, 1%*	8 oz	120	10	150	0.00	0.00	350.0	500	2.4	14	10.0	14.0	2.5	1.50	0.00
*Applesauce, Unsweetened Cups*	1 each	57	0	2	1.13	0.00	0.0	0	13.5	12	0.0	15.75	0.0	0.00	0.00
Weighted Daily Average		605	35	975	7.67	3.15	459.9	15655	30.25	34	31.84	82.44	17.72	3.53	0.00
% of Calories										22.3%	21.1%	54.5%	26.4%	5.3%	0.0%
Nutrient Guideline		558				3.30	267.00	790	14.60		7.30		<=30.0	<10.00	

Wed - 03/15/2023															
Child Care Lunch	Total														
*Double Dogs*	1 Each	260	30	449	2.00	5.00	132.0	55	0.0	3	15.0	31.5	8.0	2.00	0.00
*Apple Slices*	1 Each	50	0	5	2.00	0.36	60.0	100	36.0	9	0.0	12.0	0.0	0.00	0.00
*Milk, 1%*	8 oz	120	10	150	0.00	0.00	350.0	500	2.4	14	10.0	14.0	2.5	1.50	0.00
*Salad, garden (side)*	1 ea	69	4	171	1.49	0.83	46.0	1725	3.23	*2	1.42	6.57	4.28	0.85	0.00
*Dressing, Ranch POK*	1 ounce	56	4	132	0.10	0.08	23.9	47	0.33	2	0.75	4.08	4.06	0.65	0.00
Weighted Daily Average		554	48	907	5.59	6.28	611.9	2426	41.95	*29	27.17	68.15	18.83	5.00	0.00
% of Calories										*21.2%	19.6%	49.2%	30.6%	8.1%	0.0%
Nutrient Guideline		558				3.30	267.00	790	14.60		7.30		<=30.0	<10.00	

Thu - 03/16/2023															
Child Care Lunch	Total														
*Ravioli w/ Red Sauce (ELE)*	Portion	252	41	306	3.23	*2.06	*171.3	*285	5.13	5	17.21	31.11	6.7	3.15	0.00
*Milk, 1%*	8 oz	120	10	150	0.00	0.00	350.0	500	2.4	14	10.0	14.0	2.5	1.50	0.00
*Salad, garden (side)*	1 ea	69	4	171	1.49	0.83	46.0	1725	3.23	*2	1.42	6.57	4.28	0.85	0.00
*Dressing, Ranch POK*	1 ounce	56	4	132	0.10	0.08	23.9	47	0.33	2	0.75	4.08	4.06	0.65	0.00
GRAPES,Fresh	.5 CUP	31	0	1	0.41	0.13	6.4	46	1.84	7	0.29	7.89	0.16	0.05	0.00
Weighted Daily Average		374	41	571	4.43	*2.59	*292.3	*2156	9.84	*18	17.87	45.37	14.15	4.29	0.00
% of Calories										*19.7%	19.1%	48.5%	34.0%	10.3%	0.0%
Nutrient Guideline		558				3.30	267.00	790	14.60		7.30		<=30.0	<10.00	

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	Portion Size	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calc (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat <sup>1</sup> (g)
Fri - 03/17/2023															
Child Care Lunch	Total														
*Pizza,(Ele)*	Servings	220	10	502	2.89	*0.99	*9.9	*93	*1.01	*3	11.22	27.25	7.2	2.67	*0.00
*Tangerines, Fresh*	1 Each	52	0	2	1.76	0.15	36.1	664	26.03	10	0.79	13.01	0.3	0.03	0.00
*Carrot sticks - ele snack*	3 Ounce Serving	35	0	59	2.38	0.26	28.1	14208	5.02	4	0.79	8.15	0.2	0.03	0.00
*Milk, 1%*	8 oz	120	10	150	0.00	0.00	350.0	500	2.4	14	10.0	14.0	2.5	1.50	0.00
Weighted Daily Average		427	20	713	7.03	*1.39	*424.0	*15465	*34.46	*31	22.80	62.40	10.20	4.23	*0.00
% of Calories										*29.2%	21.4%	58.5%	21.5%	8.9%	*0.0%
Nutrient Guideline		558				3.30	267.00	790	14.60		7.30		<=30.0	<10.00	

	Portion Size	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calc (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat <sup>1</sup> (g)
Mon - 03/20/2023															
Child Care Lunch	Total														
*Taco Nada*	1 Each	310	30	410	5.00	3.60	80.0	200	1.2	1	18.0	40.0	10.0	2.50	0.00
*Fruit, Frozen Bar Orange*	1 Each	50	0	10	0.00	0.00	0.0	0	0.0	11	0.0	12.0	0.0	0.00	0.00
*Milk, 1%*	8 oz	120	10	150	0.00	0.00	350.0	500	2.4	14	10.0	14.0	2.5	1.50	0.00
*Salad, garden (side)*	1 ea	69	4	171	1.49	0.83	46.0	1725	3.23	*2	1.42	6.57	4.28	0.85	0.00
*Dressing, Ranch POK*	1 ounce	56	4	132	0.10	0.08	23.9	47	0.33	2	0.75	4.08	4.06	0.65	0.00
Weighted Daily Average		604	48	873	6.59	4.52	499.9	2471	7.15	*30	30.17	76.65	20.83	5.50	0.00
% of Calories										*19.7%	20.0%	50.7%	31.0%	8.2%	0.0%
Nutrient Guideline		558				3.30	267.00	790	14.60		7.30		<=30.0	<10.00	

	Portion Size	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calc (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat <sup>1</sup> (g)
Tue - 03/21/2023															
Child Care Lunch	Total														
*Brk Bowl Waffles ELE*	Serving	347	74	466	3.00	2.85	79.0	0	0.0	11	15.71	35.0	16.8	3.45	0.00
*Applesauce, Unsweetened Cups*	1 each	57	0	2	1.13	0.00	0.0	0	13.5	12	0.0	15.75	0.0	0.00	0.00
*Milk, 1%*	8 oz	120	10	150	0.00	0.00	350.0	500	2.4	14	10.0	14.0	2.5	1.50	0.00
*Syrup, Maple*	1.5 oz	120	0	30	0.00	0.00	0.0	0	0.0	21	0.0	30.0	0.0	0.00	0.00
*Carrot sticks - ele snack*	3 Ounce Serving	35	0	59	2.38	0.26	28.1	14208	5.02	4	0.79	8.15	0.2	0.03	0.00
Weighted Daily Average		679	84	707	6.51	3.10	457.1	14708	20.92	62	26.50	102.90	19.51	4.98	0.00
% of Calories										36.7%	15.6%	60.6%	25.8%	6.6%	0.0%
Nutrient Guideline		558				3.30	267.00	790	14.60		7.30		<=30.0	<10.00	

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	Portion Size	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calc (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat <sup>1</sup> (g)
Wed - 03/22/2023															
Child Care Lunch	Total														
*Sandwich, Grilled Cheese IW	1 Each	245	24	479	3.00	1.64	362.2	393	0.0	5	15.03	30.11	7.83	4.25	0.00
*Milk, 1%*	8 oz	120	10	150	0.00	0.00	350.0	500	2.4	14	10.0	14.0	2.5	1.50	0.00
*Salad, garden (side)*	1 ea	69	4	171	1.49	0.83	46.0	1725	3.23	*2	1.42	6.57	4.28	0.85	0.00
*Dressing, Ranch POK*	1 ounce	56	4	132	0.10	0.08	23.9	47	0.33	2	0.75	4.08	4.06	0.65	0.00
*Fruit, Cocktail, canned*	4 oz	65	0	7	1.13	0.33	6.8	236	2.15	16	0.45	16.93	0.08	0.01	*N/A*
Weighted Daily Average % of Calories		554	41	939	5.72	2.89	788.9	2900	8.11	*38 *27.7%	27.65 20.0%	71.69 51.8%	18.74 30.5%	7.27 11.8%	*0.00 *0.0%
Nutrient Guideline		558				3.30	267.00	790	14.60		7.30		<=30.0	<10.00	

Thu - 03/23/2023															
Child Care Lunch	Total														
*Chicken, Nuggets ChildCare*	Serving (3 Ea)	103	13	174	1.29	1.16	0.0	64	0.0	0	9.02	6.44	4.51	0.97	0.00
*Apple Slices*	1 Each	50	0	5	2.00	0.36	60.0	100	36.0	9	0.0	12.0	0.0	0.00	0.00
*Potato, Tater Tots ChildCare*	1 Each	64	0	154	0.99	0.00	0.0	0	1.79	0	0.99	7.94	2.98	0.50	0.00
*Milk, 1%*	8 oz	120	10	150	0.00	0.00	350.0	500	2.4	14	10.0	14.0	2.5	1.50	0.00
Weighted Daily Average % of Calories		338	23	483	4.28	1.52	410.0	664	40.19	23 27.3%	20.01 23.7%	40.38 47.8%	9.99 26.6%	2.96 7.9%	0.00 0.0%
Nutrient Guideline		558				3.30	267.00	790	14.60		7.30		<=30.0	<10.00	

Fri - 03/24/2023															
Child Care Lunch	Total														
*Pizza, Cheese ES	1 Each	310	30	510	4.00	1.80	400.0	750	3.6	4	17.0	33.0	13.0	7.00	0.00
*Tangerines, Fresh*	1 Each	52	0	2	1.76	0.15	36.1	664	26.03	10	0.79	13.01	0.3	0.03	0.00
*Carrot sticks - ele snack*	3 Ounce Serving	35	0	59	2.38	0.26	28.1	14208	5.02	4	0.79	8.15	0.2	0.03	0.00
*Dressing, Ranch POK*	1 ounce	56	4	132	0.10	0.08	23.9	47	0.33	2	0.75	4.08	4.06	0.65	0.00
*Milk, 1%*	8 oz	120	10	150	0.00	0.00	350.0	500	2.4	14	10.0	14.0	2.5	1.50	0.00
Weighted Daily Average % of Calories		572	44	853	8.24	2.29	838.0	16169	37.38	34 23.8%	29.33 20.5%	72.23 50.5%	20.06 31.6%	9.21 14.5%	0.00 0.0%
Nutrient Guideline		558				3.30	267.00	790	14.60		7.30		<=30.0	<10.00	

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	Portion Size	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calc (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat <sup>1</sup> (g)
Mon - 03/27/2023															
Child Care Lunch	Total														
*Lasagna Rollup, Cheese WG*	1 Each	230	35	400	2.00	1.08	300.0	500	6.0	5	14.0	27.0	7.0	4.00	0.00
*Milk, Variety*	8 oz	115	5	145	0.00	0.00	308.3	500	2.0	18	8.5	19.0	0.42	0.25	0.00
*Salad, garden (side)*	1 ea	69	4	171	1.49	0.83	46.0	1725	3.23	*2	1.42	6.57	4.28	0.85	0.00
*Dressing, Ranch POK*	1 ounce	56	4	132	0.10	0.08	23.9	47	0.33	2	0.75	4.08	4.06	0.65	0.00
*Peaches, Diced*	1 Each	60	0	5	1.00	0.00	0.0	300	1.2	13	0.0	14.0	0.0	0.00	0.00
Weighted Daily Average		529	48	853	4.59	2.00	678.2	3071	12.75	*39	24.67	70.65	15.75	5.75	0.00
% of Calories										*29.8%	18.6%	53.4%	26.8%	9.8%	0.0%
Nutrient Guideline		558				3.30	267.00	790	14.60		7.30		<=30.0	<10.00	

Tue - 03/28/2023															
Child Care Lunch	Total														
*Hot Dog, Turkey-ELE*	2 oz	280	45	930	1.00	1.44	120.0	0	9.0	1	12.0	29.0	13.0	3.00	0.00
*Applesauce, Unsweetened Cups*	1 each	57	0	2	1.13	0.00	0.0	0	13.5	12	0.0	15.75	0.0	0.00	0.00
*Milk, 1%*	8 oz	120	10	150	0.00	0.00	350.0	500	2.4	14	10.0	14.0	2.5	1.50	0.00
*Potato, Tater Tots ChildCare*	1 Each	64	0	154	0.99	0.00	0.0	0	1.79	0	0.99	7.94	2.98	0.50	0.00
Weighted Daily Average		522	55	1236	3.12	1.44	470.0	500	26.68	27	22.99	66.69	18.48	5.00	0.00
% of Calories										21.0%	17.6%	51.1%	31.9%	8.6%	0.0%
Nutrient Guideline		558				3.30	267.00	790	14.60		7.30		<=30.0	<10.00	

Wed - 03/29/2023															
Child Care Lunch	Total														
*Chicken, Popcorn	1 Each	230	20	350	3.00	2.00	33.0	0	0.0	1	14.0	14.0	13.0	2.50	0.00
*Milk, 1%*	8 oz	120	10	150	0.00	0.00	350.0	500	2.4	14	10.0	14.0	2.5	1.50	0.00
*Salad, garden (side)*	1 ea	69	4	171	1.49	0.83	46.0	1725	3.23	*2	1.42	6.57	4.28	0.85	0.00
*Dressing, Ranch POK*	1 ounce	56	4	132	0.10	0.08	23.9	47	0.33	2	0.75	4.08	4.06	0.65	0.00
*Banana*	.5 Each	45	0	1	1.31	0.13	2.5	32	4.39	6	0.55	11.53	0.17	0.06	0.00
Weighted Daily Average		519	38	803	5.90	3.05	455.4	2304	10.35	*25	26.72	50.18	24.00	5.56	0.00
% of Calories										*19.2%	20.6%	38.7%	41.6%	9.6%	0.0%
Nutrient Guideline		558				3.30	267.00	790	14.60		7.30		<=30.0	<10.00	

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	Portion Size	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calc (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat <sup>1</sup> (g)
Thu - 03/30/2023															
Child Care Lunch	Total														
*Burrito, Bean & Ch.(Ele)*	Burrito	340	5	569	8.99	3.60	199.8	0	0.0	1	13.99	53.95	7.99	3.50	0.00
GRAPES,Fresh	.5 CUP	31	0	1	0.41	0.13	6.4	46	1.84	7	0.29	7.89	0.16	0.05	0.00
*Milk, 1%*	8 oz	120	10	150	0.00	0.00	350.0	500	2.4	14	10.0	14.0	2.5	1.50	0.00
*Dressing, Ranch POK*	1 ounce	56	4	132	0.10	0.08	23.9	47	0.33	2	0.75	4.08	4.06	0.65	0.00
*Carrots, Raw*	servings	37	0	63	2.54	0.27	29.9	15155	5.35	4	0.84	8.69	0.22	0.03	0.00
Weighted Daily Average		583	19	915	12.05	4.09	610.1	15748	9.92	28	25.87	88.61	14.93	5.73	0.00
% of Calories										19.5%	17.7%	60.8%	23.0%	8.8%	0.0%
Nutrient Guideline		558				3.30	267.00	790	14.60		7.30		<=30.0	<10.00	

Fri - 03/31/2023															
Child Care Lunch	Total														
*Pizza, Cheese ES	.5 Each	155	15	255	2.00	0.90	200.0	375	1.8	2	8.5	16.5	6.5	3.50	0.00
*Tangerines, Fresh*	1 Each	52	0	2	1.76	0.15	36.1	664	26.03	10	0.79	13.01	0.3	0.03	0.00
*Salad, garden (side)*	1 ea	69	4	171	1.49	0.83	46.0	1725	3.23	*2	1.42	6.57	4.28	0.85	0.00
*Dressing, Ranch POK*	1 ounce	56	4	132	0.10	0.08	23.9	47	0.33	2	0.75	4.08	4.06	0.65	0.00
*Milk, 1%*	8 oz	120	10	150	0.00	0.00	350.0	500	2.4	14	10.0	14.0	2.5	1.50	0.00
Weighted Daily Average		451	33	710	5.34	1.96	655.9	3310	33.79	*30	21.46	54.16	17.64	6.53	0.00
% of Calories										*26.6%	19.0%	48.0%	35.2%	13.0%	0.0%
Nutrient Guideline		558				3.30	267.00	790	14.60		7.30		<=30.0	<10.00	

Weighted Average		518	40	797	6.22	*2.82	*533.2	*5565	*21.58	*32	25.16	66.50	17.38	5.46	*0.00
										*55.0%	19.4%	51.4%	30.2%	9.5%	*0.0%

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Nutrient	Menu AVG	Portion Size	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calc (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat <sup>1</sup> (g)	Error Messages (if any)
		% of Cals	Weekly Target	% of Target	Miss Data	Shortfall	Overage										
Calories	518		558	93%			40	Correction Required - Calories are Low									
Cholesterol (mg)	40								797								
Sodium (mg)	797																
Fiber (g)	6.22																
Iron (mg)	2.82		3.30	86%	Missing	0.48		Correction Required - Iron is Low									
Calcium (mg)	533.2		267.00	200%	Missing												
Vitamin A (IU)	5565		790	704%	Missing												
Sugars (g)	32	24.44%			Missing												
Vitamin C (mg)	21.58		14.60	148%	Missing												
Protein (g)	25.16	19.44%	7.30	345%													
Carbohydrate (g)	66.50	51.38%															
Total Fat (g)	17.38	30.22%	<=30.00%					Correction Required - Total Fat too High									
Saturated Fat (g)	5.46	9.50%	<10.00%														
Trans Fat <sup>1</sup> (g)	0.00	0.00%			Missing												

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